



## Saint Michael the Archangel

Defend us in battle, be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the Heavenly Hosts, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world, Seeking the ruin of souls. Amen.

*The image of St. Michael and his prayer are available as pillowcases, as well. You can find it at [www.holyheroes.com](http://www.holyheroes.com) and [www.ABCatholic.com](http://www.ABCatholic.com).*

## The Angelus

V. The angel of the Lord declared to Mary  
 R. And she conceived of the Holy Spirit

**Hail Mary ...**

V. Behold the handmaid of the Lord.  
 R. Be it done unto me according to thy word.

**Hail Mary...**

V. And the Word was made flesh.  
 R. And dwelt among us.

**Hail Mary...**

V. Pray for us, O holy Mother of God  
 R. That we may be made worthy of the promises of Christ.



*The Angelus, by Jean-Francois Millet 1859*

**Let us pray:** Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we, to whom the Incarnation of Christ, thy Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. Amen.

*About the painting: A man and a woman are reciting the Angelus, a prayer which commemorates the annunciation made to Mary by the angel Gabriel. They have stopped digging potatoes and all the tools used for this task – the potato fork, the basket, the sacks and the wheelbarrow – are strewn around them. In 1865, Millet said: "The idea for The Angelus came to me because I remembered that my grandmother, hearing the church bell ringing while we were working in the fields, always had us stop work to say the Angelus prayer for the poor departed".*

*The Angelus was originally prayed at 6 am (dawn), noon and 6 pm (dusk), marking the beginning, middle and end of the workday. To learn more about praying the Angelus, visit [www.theangelusprayer.com](http://www.theangelusprayer.com)*